

## GIRLS ELEVATED

# PATHWAY TO HEALTH

Texas Children's Hospital and Baylor College of Medicine's Department of Obstetrics and Gynecology are pleased to host Girls Elevated, an interactive day-long session for adolescent girls and their parents. Building on feedback from our inaugural, sold-out event, we're hosting an informative, fun-filled day – and creating stronger, more confident young women. Our team of experts will help arm teen and preteen girls with the knowledge they need to navigate the changes and challenges that lie ahead. Sessions will cover important topics such as healthy relationships, body image and sexual pressures. Adults will receive expert advice on bonding with their teen, setting boundaries and talking about difficult subjects.

#### **KEYNOTE SPEAKER**

Emaline Robinson, is a freshman at Sam Houston State University where she studies animal science with a concentration in pre-veterinary medicine She is a member of the Elliot T. Bowers Honors College, is active in the Pre-Vet Society, and volunteers with the Houston Livestock Show and Rodeo as a member of the Jr. Rodeo Committee. Emaline is the youngest of three siblings raised by a single-parent mother with the help of her grandparents. She has cared for



Santa Gertrudis cattle her whole life, showing them not only locally, but throughout the state and across the United States. She is a strong, accomplished young woman who has held various positions, earned many awards and has continued to conquer challenges life has thrown her way, despite the fact that she has dyslexia.

#### WHO SHOULD ATTEND?

- Girls ages 8-18 and their parents/caregivers
- Separate sessions for elementary, middle school, and high school girls as well as adults

### COST AND REGISTRATION

\$30 per adult/teen pair, \$20/adult or \$15/additional child Admission cost includes lunch, snacks and free parking.

SATURDAY, APRIL 7 | 9 a.m. - 2:30 p.m. United Way Community Resource Center 50 Waugh Drive, Houston, TX 77007

To reserve your space, register online at girlselevated2018.eventbrite.com

QUESTIONS Call Ann Tims, 832-826-7464 Baylor Pediatric and Adolescent Gynecology

**Texas Children's** 

Hospital

HOSTED BY:

